



## TREATMENTS

### ADAMO SIGNATURE MESSAGES

#### SIGNATURE THERAPIES

	mins
Back, Neck, and Shoulder Massage	£39 25
Swedish Massage	£69 50
Swedish Massage	£99 80

#### BESPOKE DEEP TISSUE MASSAGE

	mins
Deep Tissue Massage	£49 25
Deep Tissue Massage	£79 50
Deep Tissue Massage	£119 80

#### HOLISTIC THERAPIES

Aromatherapy Massage	25 min, 50 min, 80 min £49, £89, £119
Hot Stone Massage	25min, 50min, 80 min, £55, £95, £120

	mins
Cranial (Head) Massage	£40 25
Foot Massage	£40 25

Pre and Post-Natal Massage	50 min, 80 min £85, £120
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### CAUDALIE TREATMENTS AND FACIALS

#### SIGNATURE TREATMENTS

D-Vine Back, Face & Scalp Treatment	£140 90mins
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#### FACIAL TREATMENTS

Premier Cru Facial	50 min, 80 min £90, £125	Vinopure Facial	50 min, 80 min £79, £114
Vinoperfect Radiance Facial	£79, £114	Vinosource Hydrating & Nourishing Facial	£79, £114
Resveratrol Facial	£79, £114		

#### BODY TREATMENTS

Vinosculpting Massage	50 min, 80 min £79, £114	Express D-vine Facial	25 min £45
Vinotherapist Massage	£79, £114	Lift and Firm Eye Treatment	£35

### KARIN HERZOG TREATMENTS AND FACIALS

"Let's Treat" Quick and Beautiful	£55 25mins	Anti-Ageing Face Care	£85 70mins
Traditional Oxygen Face Care	£80 25mins	Royal Facial Care	£90 75mins

### TIYATI TREATMENTS

TIYATI Signature Massage	£115 80min	TIYATI Manicure with Cranial Massage	£80 70min
TIYATI Full Body Massage	£80 50min	TIYATI Pedicure with Cranial Massage	£80 70min



## TREATMENTS

### MANICURES AND PEDICURES

	mins		mins		
Pamper Manicure	£38 45	Pamper Pedicure	£50 50	Extra Gel Polish	£7
Signature Manicure	£25 25	Signature Pedicure	£30 30	Gel Polish Removal	£10
Express Manicure	£17 15	Express Pedicure	£17 15		

### HAIR REMOVAL

Bikini Line Wax	£20	Full Arm Wax	£29
Brazilian Wax	£35	Lip Wax	£10
Hollywood Wax	£40	Chin Wax	£10
Underarm Wax	£15	Full Back Wax	£45
Half Leg Wax	£25	Half Back Wax	£25
Full Leg Wax	£42	Chest Wax	£30
Half Arm Wax	£20		

### EYES AND EYEBROWS

Eyebrow Wax Tidy	£12	Eyebrow Tint & Eyelash Tint	£35
Eyebrow Shape	£20	Eyebrow Tint	£15
Eyelash Tint	£20		

### ADAMO SPA PACKAGES

#### Spa Recovery Package £85

- 20-min de-stress massage for the neck, back, and shoulders
- 30-min express pick-me-up facial

#### Pamper Package £125

- 50-min Classic Swedish massage
- 30-min Express Divine Facial by Caudalie
- A glass of bubbles with chocolates, strawberries and special treats

#### Deluxe Spa Package £180

- A choice of Caudalie's 50 minute hydrating or cleansing facials
- 30-min de-stress massage for the back, upper shoulders, and scalp
- 55-minute signature manicure and pedicure
- A glass of bubbles with chocolates, strawberries and special treats

#### Relax and Unwind (for two people) £439

- Overnight stay for two with breakfast at Tower Suites
- 30min full body Swedish massage
- Complimentary drink on arrival
- Dinner for two at Italian inspired restaurant Cento Alla Torre
- Complimentary access to London Fitness Studio
- 20% off food and beverage outlets additional spa treatments and gents grooming

#### Hen Party Package (for four people) £525

- 25-min aromatherapy massage for the bride & bridal party
- Signature manicure treatment for the bride & bridal party
- Four luxury gift bags
- A luxury stay in a suite for four at Tower Suites including complimentary breakfast
- Complimentary bottle of champagne
- Roof top photo shoot
- 20% off additional spa treatments
- 20% off drinks at Sapphire bar
- Discounted rates on Blue Orchid Hotels wedding venues

#### Bridal Make-Up £269

- Glowing facial for the bride (50mins)
- Full bridal makeup
- Roof top photo shoot
- 20% off additional spa and grooming treatments

#### Full bridal preparation £529

- Glowing bridal facial (50mins)
- Gel manicure and pedicure for the bride
- Full bridal hair & makeup
- A luxury stay for two in a suite at Tower Suites including complimentary breakfast
- Roof top photo shoot
- Complimentary bottle of Champagne
- 20% off additional spa or grooming treatments